



CLASS SCHEDULE

/// SUMMER SESSION

2010

"DIES CANICULARES"

The "Dies Caniculares" Summer training session will run Monday and Wednesday nights from 6PM-7:30PM from 6/7 and going until 8/11. **SESSION IS FOR ALL AGES** and participating wrestlers will receive a **FREE T-SHIRT**. See our registration form for details and registration. Sessions are instructional in nature and progress to live wrestling techniques as the regular season approaches.

/// SESSION RUNS FROM JUNE 7TH THRU AUGUST 11TH

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

6 - 7:30 PM [all ages]

6 - 7:30 PM [all ages]

/// **PRIVATE SESSIONS** are available throughout the year and are scheduled on an individual basis. Contact Dave Miller Jr. or Ryan Cunningham to schedule a one-on-one hour long session.

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